

10 things you can do to prepare for returning back to school

- 1 Practice Hand Washing**
Have them wash their hands often throughout the day. Teach them to sing their ABCs or have them count for at least 20 seconds ensuring they wash front, back and in-between their fingers.



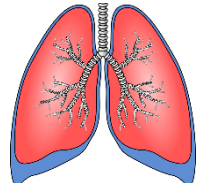
- 6 Update Immunizations**
Medically verified immunizations will be required on or before the first day of school. Contact your child's doctor for an appointment.



- 2 Practice Putting Mask On/Off**
Your child will be required to wear a mask on the bus, upon entering school, and within the hallways. Teach them to not touch the inside of their mask when taking it off.



- 7 Change Asthma Medication**
Nebulizers may not be able to be administered in school. Speak with your child's doctor to update your child's asthma plan.



- 3 Make/Purchase Extra Masks**
When possible, cloth masks should only be used one day, then washed. Consider making or buying multiple masks to give you proper time to wash them between use.



- 8 Purchase Reusable Water Bottle**
These can be brought to school as water fountains may not be in service.



- 4 Practice 6 feet of Distance**
Measure the distance on the floor. Consider laying pieces of paper down so your child can see what 6 feet, apart looks like.



- 9 Verify/Update Emergency Contacts**
If your child presents with COVID-like symptoms, they will be placed in an isolation room and will need to be picked up immediately. Please ensure a contact can be reached at any given time.



- 5 Purchase a Thermometer**
Check your child's temperature every morning. If 100.4 or higher, they must stay home until fever and COVID-like symptom free for 10 days since initial symptoms began.



- 10 Stay Informed**
Educate yourself from reliable sources such as the CDC, Washington Department of Health, and your local health department.

